**EVIDENCE OF THINGS NOT SEEN**

***My Body & Christ’s Life***

As I stand before the mirror all I can see is a few features of my physical body (getting older and uglier by the day, I might add). But if I could somehow do an internal body scan I would discover some amazing things about how God made humans. For example,

We possess 3,000,000,000,000 (three trillion) nerve cells all coordinated by the brain.

We have 30,000,000,000 (thirty billion) working sections in our brain.

We have 131,000,000 photoreceptors in our eyes.

We have 24,000 hair-like cells in our inner ear which react to sound and convert it to nerve impulses.

We have a small intestine that has a surface area of 970,000 square feet.

We have a heart that beats 100,000 times and pumps 2,000 gallons of blood every day.

We have a liver that manufactures more than 1,000 different enzymes, each controlling a different chemical reaction.

We have 60,000 miles of blood vessels in our body.

We will breathe 438 cubic feet of air each day.

There are 35,000,000 gland cells in your stomach to allow it to break down food without digesting itself.

Our kidneys have 40 miles of tubing and clean 500 gallons of our blood every day.

Every cell has 1,000,000,000,000 (one million million) bits of data in it. (That is as much information as 10,000 encyclopedia-sized books.)

Our body has 639 muscles that must work together.

Our joints must move 25,000,000 times in our lifetime without wearing out.

There are 30,000,000,000,000 (thirty million million) cells in our body with 10,000 functions. (Source: ***DandyDesigns.org***).

The Bible says, “***you are fearfully and wonderfully made***” (Psalm 139:13-16). You can’t read these facts of anatomy and with any credibility still deny there was a Creator with Intelligent Design that made us.

I can’t see air, but the blowing of the leaves testifies it is real. I can’t see gravity, but my falling down the steps testifies it is real. I can’t see cells dying in my body, but the graying hair, the failing vision, the wrinkling skin and the muscles weakening testifies that atrophy is real. The faith I possess in the natural world, which nobody denies, works as powerfully in the spiritual world.

“*Philip said to Him, "Lord, show us the Father, and it is sufficient for us." Jesus said to him, "Have I been with you so long, and yet you have not known Me, Philip? He who has seen Me has seen the Father; so how can you say, 'Show us the Father'*?” (John 14:8-9)

What a fool you are to say, “*there is no God*” (Psa. 14:1). The reason it is foolish is that evidence is all around you, shouting the testimony that God exists. The heavens and firmament declare God’s presence, and the inspired, revealed word verifies it (Psa. 19).

But the greatest witness is the **life of Jesus**. The critic and skeptic can say what he wills about God, but to deny the historical life of Christ puts him in the category of the flat-earth philosophers and the germ-theory deniers of past ages. You can whistle past the cemetery with your eyes closed, but you can’t deny the reality of death. Nor can you intelligently deny God’s existence because of the earthly life of Jesus Christ. It is there for all to see.

Ancient historians who were infidels wrote of Jesus’ life. Josephus (37-103 AD), Tacitus (56-117 AD), and others wrote of His impact on the world. Clement (30-100 AD), Polycarp (65-155 AD) and many others who were believers also wrote prolifically about the Lord. And why did He come and live on earth? “***He who has seen Me has seen the Father***!” He was the visible manifestation of deity – visible, concrete proof that God exists.

“*Faith is the … evidence of things* ***not seen***” (Heb. 11:1).

We accept it without argument in the natural world. It is just as powerful in the spirit world.

While the heavens and the firmament (which we can see) declare the glory of God, we ultimately will determine our fate by faith, based on evidences God has revealed to us (Psa. 19:1-13). Young people, please, don’t lose your faith based on the egotistical philosophies of finite and foolish men who think they have all the answers. In reality, they don’t even know the questions, much less the answers. “The fool has said in his heart, there is no God” (Psa. 14:1).

Today, and for the rest of your days, walk by faith, not by sight. – Rick